

From the Desk of Mrs. Jaster

September 14, 2016

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APPLE OF MY EYE: Congratulations to the first "Apple of My Eye" winners of our new school year! These children were celebrated for being "caught doing something good": Nino Caputo, Will Horan, Hannah Buckleman, Samantha Mazzo and Keegan Kulp.

FEAST OF ST. ROBERT BELLARMINE: On Friday, September 16th, we will anticipate the feast day of St. Robert Bellarmine. (Sept. 17th is the actual feast day.) Children in grades 1 – 8 will attend the 9am Mass. Afterwards, everyone will enjoy a free soft pretzel!



HOME AND SCHOOL NEWS: We have some important dates in the month of September! Don't forget to mark your calendar for:

- **Thursday, September 15:** General Home and School meeting. The meeting will begin at 7pm. We will see a comparison of our most recent Terra Nova results with the Archdiocese and Bucks county schools.
- **Used Uniforms and Volunteer Fair** will take place prior to the meeting at 6:30 pm.
- ****attend all 3 meetings to be eligible for the drawing of \$500****
- **Thursday, September 15 MIDNIGHT!** : Last call for hot lunch orders! The site will lock at midnight. Order online and send payment into school.
- **Saturday, September 17th:** screening of **Zootopia**. **SJR MOVIE NIGHT** will begin at sundown (approx 7:30pm). Bring your favorite stuffed zoo animal and enjoy the movie under the stars with your SJR friends and family. There will be refreshments available (Popcorn, pretzels, water), but feel free to bring your own. Admission is free, but there will be an at will donation jar to help cover the cost.
- **Tuesday, September 20th:** Last call for donations to Raffle Baskets. Any child who donates an item will have a dress down day on Friday, October 21st.
- **Friday, September 23rd:** Covered Dish Dinner for families in Pre-K through Grade 1 hosted by Grade 2 families.

Conference Scheduling - 7th & 8th Grade Only

Today, all 7th & 8th grade students were given the Conference Scheduling letter with details regarding the Parent/Teacher/Student conferences. Please be sure to return your date/time choices as soon as possible. Conferences are scheduled on a "First Come, First Serve" basis. Thank you!

From Our Director of Advancement: Kathy Williamson



SJR LOGO SPIRIT ITEMS

The school has great "spirit items" each for a \$2.00 purchase. The following SJR logo items are available: lunch bags, water bottle holders, lanyards, and 36 and 45 inch shoe laces. We also have car flag magnets for \$5.00. Items will be available for purchase at the Home & School Meeting. Also, at any time you can send a note to my attention (Kathy Williamson) with the items listed for purchase along with the money or check payable to SJR. The items will be sent home with your child. If you have questions, please email me at kwilliamson@stjstr.org.



ARCHBISHOP WOOD FOOTBALL: On Friday evening, the Archbishop Wood Vikings will play St. Joseph Prep in a game that will be broadcast on ESPN U (Verizon at 573) 7:30PM. We are proud to have some SJR alumni who are members of this team: # 27 - Joe Wade, # 35 - Ryan Scott, and #15 - Billy Shaeffer!

JUST A THOUGHT: This weekend marks the beginning of the Forty Hours Devotions at St. Robert Bellarmine parish during the 11AM Mass on Sunday. Father Sean English will lead evening devotions Sunday, Monday, and Tuesday evening beginning at 7pm.

Coming on the heels of last weekend's memorial of the events of 9/11/2001, this celebration of prayer and devotion to Our Lord in the Blessed Sacrament, it is very appropriate to try to make time to spend in prayer for peace in our hearts, homes and our world!



SJR SCHOOL:
Focused on Faith and Learning!



SJR MOVIE NIGHT

Saturday, Sept. 17 at 7:30pm

Bring a favorite stuffed animal. Some refreshments provided. Feel free to bring your own.

DR. PACE TEST PREP

www.drpaceseminars.com

Fall 2016 Newsletter & Schedule

SPOTLIGHT ON EMILY SOKOLOWSKI: FROM ELEMENTARY SCHOOL TO COLLEGE

I have worked with the wonderful and successful Emily Sokolowski since she was preparing for the high school entrance exams five years ago. Emily immediately made a very positive impression on me, as did Emily's mother, Lori. I am deeply honored to share the following pieces of Emily's story.

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Dear Dr. Pace,

The week before my entrance exam for Nazareth Academy High School, I was very anxious and worried about these so-called



Nazareth Academy Grade School

"dragons" of the test. When I started to feel negative about the test, I knew that I had to listen to your CD, "Slaying Dragons." Every single night I laid in bed, listening to your reassuring words, and that is when I realized that I was going to do fantastic on the test! My mom and I followed the diet plan that we discussed in your program for the whole week, and I felt a major improvement in my feelings, my ability to concentrate, and even

my knowledge. I was amazed at how my negative feelings, "my dragons," were destroyed in just a matter of time. The night before the test I knew that I was going to have to slay some dragons, but I knew that if I got enough rest and I listened to your CD I would be fine. Well, the night before my test was the best night of sleep I have ever had! When I woke up, I felt so relaxed and refreshed that I could run a marathon, or take a test! My mom was surprised to see me so relaxed, and so was I. I finished each section of the test within the time allotted, and I checked all of my answers. By the end of the test, I knew that I did well enough to become a Nazareth Academy High School panda! That is why I am writing to you today, to thank you for your guidance and words of wisdom on slaying the dragons of entrance exams!

Your successful student,
Emily Sokolowski

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Dear Dr. Pace,

Emily still talks about you and all the confidence you have given her through the years. She accredits her ability to write and calmly conquer tests to you. Emily was a top three finalist of the Samuel A. Green Scholarship from First Trust Bank and won \$5,000! She was honored at their awards ceremony in May at the Franklin Institute! It was a great evening: Emily's essay was displayed on a huge board on stage and Emily received a big check, something she was extremely happy about and proud of! Sister Mary Joan, Principal of Nazareth, was there at the ceremony and proudly spent the night by our sides. Additionally, Emily's classmates voted for her to receive the Nancy Ann Spirit Award at the Alumnae Induction.

Emily will be moving into Saint Joseph's University, and we are very excited (and nervous) about this new adventure in her life! Emily has had a busy summer thus far. She was one of 13 incoming freshmen to be accepted into the Kinney Center for Autism Apprentice Program at St. Joe's. This is truly a great program which enables her to work one on one with Autistic

children throughout her time at SJU. Along with being able to graduate with over 2,000 hours of hands on experience in her major, Emily got to be on campus this summer and help out with Camp Kinney and take her first college class (Intro to Autism Spectrum Disorder). Though working in this field is extremely challenging at times, Emily says she will never work a day in her life because she loves her job so much! We are extremely proud of Emily and all she is doing to make a difference in the Autism community. We are so excited and eager to see all the strides Emily will make at SJU!

Lori Sokolowski



Emily Sokolowski, Nazareth Academy High School to Saint Joseph University



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CALL: 215-725-6568 EMAIL: admin@drpaceseminars.com VISIT: www.drpaceseminars.com

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Fall 2016 Schedule

SAT® / PSAT® PROGRAMS

SAT / PSAT 4-DAY ACADEMIC & RETREAT PROGRAM

Perfect for the fall SAT® and PSAT® tests!

Comprehensive review of Mathematics, Reading, Words in Context, Grammar, and Essay Writing. PLUS the SAT Retreat: techniques for dealing with the non-academic factors (such as test-anxiety, distractions, and low confidence) that thwart personal best performance on standardized tests.

LOCATION: Nazareth Academy, 4001 Grant Avenue, Philadelphia

DATES: September 10, 11, 17, 24

TIME: 9:30a.m. to 1:30p.m.

COST: \$395 includes Dr. Pace's Math, Vocabulary, and Grammar Flash Cards, SAT Retreat workbook, SAT academic textbook and material.

2-HOUR SAT / PSAT REFRESHERS

Perfect for October SAT® and PSAT®!

Friday, September 30, from 4:30 to 6:30 p.m. at Archbishop Wood, 655 York Road, Warminster; Cost \$55

Perfect for November SAT®!

Thursday, November 3, from 4:30 to 6:30 p.m. at Archbishop Wood, 655 York Road, Warminster; Cost \$55

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HIGH SCHOOL ENTRANCE AND SCHOLARSHIP PROGRAMS

HSPT

(The HSPT is the Test Used To Determine Entrance And Scholarships—including the Neumann Scholarship—to Most Area High Schools)

This 10-hour Academic program covers all areas of the HSPT: Math, Reading, Grammar & Cognitive. Dr. Pace includes her unique strategies, a review of all areas, practice tests, a daily Progress Report, homework, and a parent meeting.

LOCATION: Nazareth Academy, 4001 Grant Avenue, Philadelphia

DATES: September 18, 25, October 2 and 9

TIME: 10:00a.m. to 12:30p.m.

SLAYING THE DRAGONS OF STANDARDIZED TESTS

High School Entrance Program for Students in Grades 6 to 8 and Their Parents!

This program prepares students for all High School Entrance and Scholarship Tests (including the Neumann)

The **Holistic** component prepares students physically, mentally, emotionally, and spiritually to perform at their best on high-stakes tests. The **Academic** component provides a selection of Math, English and Cognitive problems. *At least one parent must attend most of the sessions.*

LOCATION: Nazareth Academy, 4001 Grant Avenue, Philadelphia

DATES: September 18, 25, October 2 and 9

TIME: 12:30p.m. to 1:40p.m.

Refund Policy for all of Dr. Pace's programs: Students who miss sessions can make up time in other pre-registered programs. Full payment is required for all programs whether or not the student can attend all sessions.

Note: Any professional educator planning to sit in on or use Dr. Pace's teachings and/or techniques needs to call Dr. Pace, 215-725-6568.

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SPOTLIGHT ON DR. PACE'S STUDENT: GRACE COMAS



Grace Comas | Saint Flory

Grace Comas has taken Dr. Pace's high school prep

course and has received numerous scholarships:

Little Flower, \$12,000, over 4 years

Archbishop Ryan, \$12,000, over 4 years

Archbishop Wood, \$14,000, over 4 years

Bishop McDevitt, \$20,000, over 4 years

Nazareth Academy, \$28,000, over 4 years

Mount Saint Joseph Academy, \$24,000, over 4 years

Saint Basil Academy, \$24,000, over 4 years

In September, Grace will be attending

Saint Basil Academy.

SPOTLIGHT ON DR. PACE'S STUDENT: SEAN PARSONS



Sean Parsons | Holy Ghost Prep

Sean was close to the scholarship mark and your program pushed him into contention. Your course was a great investment for the return of \$6,500 per year in a Presidential Scholarship award from HIGHT. Thank you!

- John and Cathleen Parsons

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Fall 2016 Newsletter

DANCING WITH THE STARS

I had the opportunity to meet the amazing Karina Smirnoff of Dancing with the Stars. I observed her teaching method as she educated young girls and boys in the laser sharp steps of a samba. In the 15 years I lived in Los Angeles—and even after I moved back to Philadelphia—I have had the opportunity to meet and work with people (and the children of people) in the



movie, music, sports, and TV industries, some of whom are quite famous—such as Barbara Streisand. But my time with Karina was different because with Karina I was given the opportunity to watch her at work

as a teacher, my own occupation. Moving from student to student, guiding legs, knees, and arms into exact positions, Karina demonstrated for her students the correct full-body posture for a samba. For well over an hour, Karina never stopped teaching, never stopped moving, never lost focus on the young people under her expert care. At the end of the session, she threw up her arms and let out a sigh of exhaustion: she had given her all! I was the first to leap out of my seat and applause! Now, that was a teacher, because she had enthusiastically given her all—her expertise, her energy, her attention, her love—to those under her care. Very few relationships in life capture the special bond formed between dedicated teacher and equally dedicated student. I am blessed to be in that profession!

- Dr. Pace

NEW!

GRAMMAR FLASH CARDS

*with Applications to
Critical Reading and Writing*

DR. PACE
TEST PREP

Perfect for College and High School Entrance & Scholarship Tests!

The Grammar/Usage/Punctuation on the ACT, and now on the Redesigned PSAT/SAT, includes the same information on high school entrance and scholarship tests, including the Neumann! My redesigned Grammar Flash Cards reflect these changes; therefore, they are perfect for students in grades 7 to 12 facing most standardized tests!

Price: \$15 plus tax, shipping & handling.

